

# Market Hall lunch

A flexible, individual and inspiring lunch  
experience every day



## Bowls

- Flank steak in wasabi with pointed cabbage, spinach, pasta, beetroot, peas and spring onion. (1,2,6,7,11,15)  
Served with parmesan dressing. (2,6,11,13,15)
- Spicy chicken with green peas (Ingrid ærter), black quinoa, pointed cabbage, spinach, carrot, spring onions, chervil, chives, and parsley. (13,15) Served with soy dressing. (1,7,11)
- Muhammara with pointed cabbage, spinach, quinoa, curry onions, artichoke, zucchini, beetroot, parsley, and basil. (9,13,15)
- Rice noodles with edamame beans, carrot, pak choi, spring onions, bean sprouts, black sesame, and coriander. (7,8,13,15)  
Served with Vietnamese dressing. (3,7,8,13,15)
- Boiled eggs with salad, zucchini, peas, tomato, spring onions, \*asparagus/broccolini, radishes, chives, and watercress. (2,15)  
Served with shrimp and thousand island dressing. (1,2,5,6,11,13,15)
- Lemon-marinated chicken with pasta, salad, tomato, artichoke, corn, \*asparagus/broccolini, carrot, and parsley. (1,13,15)  
Served with curry dressing. (2,6,11,13,15)
- Salmon with pointed cabbage, spinach, quinoa, zucchini, grated carrot, fennel, artichoke, edamame beans, and watercress. (3,7,10,13,15) Served with parsley oil. (13,15)

## Tapas

Today's tapas board. Served with Italian salami, serrano, two types of cheese and the kitchen's choice of spread.  
Served with focaccia bread with tomato and timian. (1-15)



## Open sandwiches, 2 pieces

Choose gluten-free rye bread on selected open-sandwich packages.

- Eggs and shrimps. Topped with San Marzano tomato and lime mayo.  
Fish fillet with remoulade and lemon. (1,2,3,5,11,13)
- Sausage roll, pickled mustard cloud, mustard cream and red onions.  
Chicken salad with bacon, tomato and herbs. ((1),2,6,11,13)
- Roast beef with pickled cucumber, roasted onions, horseradish and remoulade.  
Potato with tarragon mayonnaise, roasted onions, watercress and radishes. (1,2,11,13)
- Chicken salad with bacon, tomato and herbs.  
Roast pork with pea purée and roasted almonds. ((1),2,6,11,13,9)
- 'Fuglekvidder' with herbs.  
Liver pâté with bacon and pickled beets. (1,2,3,6,11,13)
- "Skagensalat" with radishes and herbs.  
Soft-boiled egg with artichoke cream, tomato, spinach and herbs (1,2,5,6,11,13,15)
- Fish balls with remoulade and pickled cucumbers.  
Potato with tarragon mayonnaise, fried onions, watercress and radishes. (1,2,3,11,13)
- Eggplant with lime mayonnaise, carrot and herbs.  
Soft-boiled egg with artichoke cream, tomato, spinach and herbs. (1,2,11,13,15)
- Avocado, artichoke cream, spinach, radishes and herbs.  
Baked tomato with pickled red onions, herbs, tomato cream, and San Marzano tomato. ((1),11,13,15)

## Sandwiches

Choose between three types of bread. (Light, dark or gluten-free bread)

- Chicken and bacon with tomato, carrots and salad. ((1),13,15.)  
Served with curry dressing (2,6,11,13,15)
- Ham and cheese with cucumber, pepper and salad. ((1),6,13,15.)  
Served with mustard mayonnaise. (2,6,11,13)
- Tuna salad with herbs, pepper, red onion and arugula. ((1),2,6,11,13,15)
- Chicken with tomato, carrots and salad. ((1),13,15.) Served with curry dressing. (2,6,11,13,15)
- Hummus with zucchini, pepper, tomato, carrots and arugula. ((1),8,11,13,15)
- Cold-smoked salmon mousse with radish, tomato and salad. ((1) 3,6,13,15)
- Spread of sirius peas and dukkah with pickled artichokes, curry onions, fennel, pointed cabbage and spinach. ((1),8,9,13,15)
- Whipped cream cheese with sun-dried cranberries, roasted walnuts, garnish (artichoke, cornichons, semi-dried tomatoes, green pepper and parsley), pointed cabbage, spinach and balsamic glaze. ((1),6,9,13,15)
- Lomo (salted and dried pork loin) with garnish (artichoke, cornichons, semi-dried tomatoes, green pepper and parsley), pointed cabbage, spinach, and mild saffron aioli. ((1),2,6,11,13,15)
- Roast beef with fried chickpeas, chili, garnish (artichoke, cornichons, semi-dried tomatoes, green pepper and parsley), pointed cabbage, spinach, and bearnaise mayonnaise. ((1),2,11,13,15)

● Vegetarian | ● Vegan | ● Lactose free | ● Gluten free | ○ Gluten-free bread

## Warm portions dish

You can also choose one of our warm portions dish. Choose from our favourite, vegetarian, vegan, gluten/lactosefree and halal menu.

## Market hall lunch

Cake every thursday



Portions dish



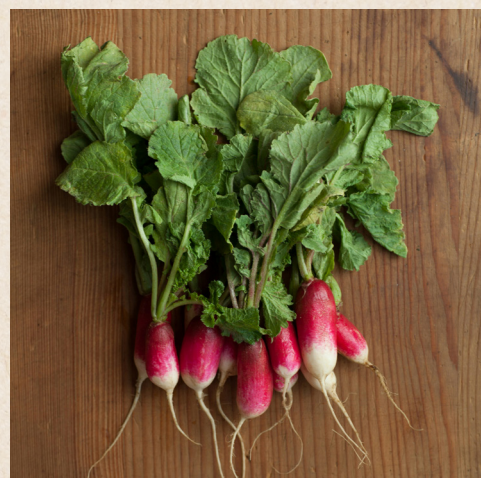
Order from day to day



Free of choice



From only 1 person



## Contact us

Do you have further questions, please contact us on:

@ [torvekoekken@torvekoekken.dk](mailto:torvekoekken@torvekoekken.dk)

☎ 70 22 82 12



All lunch packages follow the normal price. We also offer vegetarian, vegan, gluten-lactose free or halal.