

Market Hall lunch

A flexible, individual and inspiring
lunch experience every day



Bowls

- Quinoa bowl with thyme-roasted chicken, spinach, baked cauliflower, roasted chickpeas, caramelized lemon and red pepper. Served with pesto. (15)
- Quinoa bowl with grilled flank steak, spinach, baked cauliflower, roasted chickpeas, caramelized lemon and red pepper. Served with pesto. (15)
- Italian bowl with ham and pasta penne. Served with cherry tomatoes, rocket, olives, pine nuts and mozzarella. Served with pesto. (1,6,9,15)

Power bowls

- Power bowl with thyme-roasted chicken, kale, baked beetroot, sweet potatoes, mixed beans, pickled red onions and walnuts. Served with green skyr. (6,7,9,13)
- Power bowl with grilled flank steak, kale, baked beetroot, sweet potatoes, mixed beans, pickled red onions and walnuts. Served with green skyr. (6,7,9,13)
- Vegetarian power bowl with scallions, carrots, baked sweet potatoes, mixed beans, pomegranate, pickled red onions and mozzarella. Served with green skyr. (6,7,13)
- Vegan power bowl with scallions, carrots, baked sweet potatoes, mixed beans, pomegranate, and pickled red onions. Served with hummus. (7,13,15)

Jespers Torvekøkken

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Cake of the week is included no matter which lunch you choose.

Open sandwiches, 2 pieces

- Fish filet with remoulade, herbs and lemon.
Egg and shrimp with mayo, lemon, tomatoes and herbs.
(1,2,3,5,11,13)
- "Veterinarian's night food" Liver paté, salt beef, jelly and red onion.
Potato with bacon, red onion, mayo and herbs. (1,2,6,7,11,13)
- Veal breast with pickles and horseradish.
Egg and tomato with mayo and herbs. (1,2,6,11,13)
- Sausage roll with Italian cold cuts and red onion.
Chicken cold cuts with pickled mushrooms and bacon. (1,2,6,11,13)
- Egg and shrimp with mayo, lemon, tomatoes and herbs.
The topping of the day. (1,2,3,4,5,6,7,8,9,11,12,13,14,15)
- Fish filet with remoulade, herbs and lemon.
The cold cuts of the day. (1,2,3,4,5,6,7,8,9,11,12,13,14,15)
- Gluten-lactose free open sandwich of the day.
(2,3,4,5,7,8,9,11,12,13,14,15)
- Vegetarian open sandwich of the day. (1,2,4,6,7,8,9,11,12,13,15)
- Vegan open sandwich of the day. (1,4,7,8,9,11,12,13,15)
- The kitchen's choice of open sandwiches. (1-15)

Sandwiches

- Chicken and bacon with semi-dried tomatoes, cucumber, arugula and curry cream. (1,2,11,13,15)
- Veal breast with red cabbage, arugula and horseradish cream.
(1,2,6,13)
- Fennel salami with grilled pimento, olives, arugula and pesto.
(1,6,15)
- Flank steak with roasted onions, pickled red onions, salad and béarnaise cream. (1,2,11,13)
- Gluten-lactose free sandwich of the day. (2,3,4,6,7,8,9,10,11,12,13,14,15)
- Vegan sandwich of the day. (1,4,7,8,9,10,11,12,13,15)

Ryebread sandwiches

- Tomato, mozzarella, red onion, salad and mustard cream. (1,2,6,11)
- Cold smoked salmon with spinach, dill, lemon, pickled red onions and cheese. (1,3,6,13)
- Tuna salad with red onion, pepper and mayo. Served with egg, tomato and cucumber. (1,2,3,6,11,13)

Tapas

- Today's tapas board with focaccia bread. (1-15)

Warm portions dish

You can also choose one of our warm portions dish. You can choose from our favourite, vegetarian, vegan, gluten/lactose-free and halal menu.

Market hall lunch

Cake every thursday

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Portions dish

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Order from day to day

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Free of choice

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From only 1 person



Contact us

Do you have further questions,
please contact us on:

@ torvekoekken@torvekoekken.dk

☎ 70 22 82 12



All lunch packages follow the normal price. We also offer vegetarian, vegan, gluten-lactose free or halal.