



BOWLS

- **Teriyaki-marinated courgette** and carrot with white and wild rice, edamame beans, broccoli and radishes (7,15). Served with goma dressing (7,8,13,15) **VE LF GF**
- **Quinoa with slow-roasted tomatoes**, marinated chickpeas, lime and broccoli (10,15) and sunflower tahini (13,15) **VE, LF, GF**
- **Mozzarella with tomato**, basil, greens and marinated pasta (1,6,15) and Genovese pesto (6,15) **V**
- **Prawns and eggs** with crisp salads and summer tomatoes (2,5). Served with herb dressing (2,6,11,13) **GF**
- **Braised pork** with rice noodles and a salad of summer cabbage with cucumber, edamame beans and salted peanuts (4,7,15) and goma dressing (7,8,13,15) **LF, GF**
- **Salmon with avocado cream**, spring onions, radishes, pointed cabbage, spinach and noodles (1,2,3,6,13,15) and ponzu dressing (1,7,13,15)
- **Roasted chicken with za'atar spice**, hummus, pomegranate, greens, roasted tomatoes and marinated bulgur (1,8,10,13,15) **LF**
- **Caesar salad with fried chicken**, romaine lettuce, herb croutons, rosemary-roasted potatoes and Parmesan (1,6,15). Served with Caesar dressing (2,6,11,13,15)
- **Salade niçoise with tuna**, summer tomatoes, soft-boiled eggs, black olives, new potatoes (2,3) and vinaigrette (11,13,15) **LF, GF**

SYMBOL EXPLANATION

- V** Vegetarian
- VE** Vegan
- LF** Lactose free
- GF** Gluten-free
- GFB** Gluten-free bread option

ALLERGENS

- | | |
|------------------|----------------------|
| (1) Gluten | (10) Celery |
| (2) Eggs | (11) Mustard |
| (3) Fish | (12) Lupin |
| (4) Peanuts | (13) Sulphur dioxide |
| (5) Shellfish | (14) Molluscs |
| (6) Milk | (15) Garlic |
| (7) Soya | |
| (8) Sesame seeds | |
| (9) Nuts | |

SANDWICHES

- **Banh Mi-style sandwich** with slow-cooked pork, crisp greens, pickled cucumber and carrot with mild chilli and sriracha mayo ((1),2,7,10,13,15) **GFB LF**
- **Spicy tuna sandwich** with pickled jalapeños and sandwich garnish ((1),2,3,6,13,15) **GFB**
- **Tomato and mozzarella**, basil with pesto cream and sandwich garnish ((1),2,6,13,15) **GFB V**
- **Hummus** with roasted carrots, feta crumble, flat-leaf parsley and sandwich garnish ((1),8,13,15) **GFB VE LF**
- **Chicken** with ranch dressing and pickled gherkins ((1),2,11,13,15) **GFB LF**
- **Smoked trout mousse** with radishes, herbs, cream cheese and sandwich garnish ((1),2,3,6,13) **GFB**
- **Marinated potatoes** with lovage mayonnaise, sandwich garnish, fried and pickled onions (1,7,13) **VE LF**
- **Chicken and bacon** with ranch dressing and pickled gherkins ((1),2,11,13,15) **GFB LF**
- **Ham and cheese** with dijonnaise, pickled red onions and sandwich garnish ((1),2,6,11,13) **GFB**

OUR SANDWICH GARNISH CONSISTS OF pointed cabbage, carrots, spinach, semi-dried tomatoes, artichokes, flat-leaf parsley, and cornichons (13,15).

BREAD TYPES

Choose between light, dark or gluten-free bread

TWO
PIECES
OPEN

SANDWICHES

- **Fish meatball** with tartar sauce, capers and tarragon. **Potatoes** with tarragon mayonnaise, pickled red onions, radishes, Vesterhavs cheese and tarragon powder (1,2,3,6,11,13)
- **Air-dried ham** with Italian salad of Danish summer greens. **Chicken salad** with green and white asparagus, small peas and pepper bacon ((1),2,6,10,11,13) **GFB**
- **Beef tomato** with basil mayonnaise, slow-roasted tomatoes and balsamic-glazed red onions. **Deep-fried courgette** with pickled yellow onions, lime cream and salted almonds (1,7,9,13) **VE**
- **Potatoes** with tarragon mayonnaise, pickled red onions, radishes, Vesterhavs cheese and tarragon dust. **Smiling egg** with avocado and radishes (1,2,6,11,13) **V**
- **Roast beef** with remoulade, pickled gherkins, fried onions, horseradish and cress. **The vet's mid-night snack** with a sprinkling of crispy bacon, salted meat, mustard aspic and cornichons (1,2,6,11,13)
- **Fish fillet** with chunky remoulade, lemon and herbs. **Smoked trout** from Varde Ådal with radishes, cucumber and cream cheese (1,2,3,6,11,13)
- **Fish meatball** with tartar sauce, capers and tarragon. **Eggs with hand-peeled prawns**, dill mayonnaise and chervil (1,2,3,5,6,11,13)
- **Chicken salad** with green and white asparagus, small peas and pea shoots. **Roast beef** with remoulade, pickled gherkins, fried onions, horseradish and cress (1,2,6,11,13)

TAPAS

Served with the day's selection of three types of charcuterie, two types of cheese and the kitchen's choice of accompaniments. Served with focaccia bread with olive oil and rosemary, and home-baked crispbread (1-15).

Order from day to day
From just 1 person
Free of choice

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WARM

CHOOSE BETWEEN WARM
PORTIONED DISHES

Favourite, Vegetarian, Vegan,
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CAKE EVERY THURSDAY

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the normal price

JESPERS TORVEKØKKEN

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