

Market Hall lunch

A flexible, individual and inspiring lunch
experience every day



Bowls

- ● ● Muhammara with pointed cabbage, spinach, quinoa, curry onions, artichoke, zucchini, beetroot, parsley, and basil. (9,13,15)
- ● ● Rice noodles with edamame beans, carrot, pak choi, spring onions, bean sprouts, black sesame, and coriander. (7,8,13,15)
Served with Vietnamese dressing. (3,7,8,13,15)
- Spicy chicken with green peas (Ingrid ærter), black quinoa, pointed cabbage, spinach, carrot, spring onions, chervil, chives, and parsley. (13,15) Served with soy dressing. (1,7,11)
- Lemon-marinated chicken with pasta, salad, tomato, artichoke, corn, *asparagus/broccolini, carrot, and parsley. (1,13,15)
Served with curry dressing. (2,6,11,13,15)
- Boiled eggs with salad, zucchini, peas, tomato, spring onions, *asparagus/broccolini, radishes, chives, and watercress. (2,15)
Served with shrimp and thousand island dressing. (1,2,5,6,11,13,15)
- ● Salmon with pointed cabbage, spinach, quinoa, zucchini, grated carrot, fennel, artichoke, edamame beans, and watercress. (3,7,10,13,15) Served with parsley oil. (13,15)
- Flank steak in wasabi with pointed cabbage, spinach, pasta, beetroot, peas and spring onion. (1,2,6,7,11,15.)
Served with parmesan dressing. (2,6,11,13,15)

Tapas

Today's tapas board. Served with Italian salami, serrano, two types of cheese and the kitchen's choice of spread.
Served with focaccia bread with tomato and timian. (1-15)

Open sandwiches, 2 pieces

Choose gluten-free rye bread on selected open-sandwich packages.

- Avocado, artichoke cream, spinach, radishes and herbs.
Baked tomato with pickled red onions, herbs, tomato cream, and San Marzano tomato. ((1),11,13,15)
- Eggplant with lime mayonnaise, onion and herbs.
Soft-boiled egg with artichoke cream, tomato, spinach and herbs. (1,2,11,13,15)
- Eggs and shrimps. Topped with San Marzano tomato and lime mayo.
Fish fillet with remoulade and lemon. (1,2,3,5,11,13)
- Fish balls with remoulade and pickled cucumbers.
Potato with tarragon mayonnaise, fried onions, watercress and radishes. (1,2,3,11,13)
- "Skagensalat" with radishes and herbs.
Soft-boiled egg with artichoke cream, tomato, spinach and herbs ((1),2,5,6,11,13,15)
- Chicken salad with bacon, tomato and herbs.
Roast pork with pea purée and roasted almonds. ((1),2,6,11,13,9)
- 'Fuglekvidder' with herbs.
Liver pâté with bacon and pickled beets. (1,2,3,6,11,13)
- Sausage roll, pickled mustard cloud, mustard cream and red onions.
Chicken salad with bacon, tomato and herbs. ((1),2,6,11,13)
- Roast beef with pickled cucumber, roasted onions, horseradish and remoulade.
Potato with tarragon mayonnaise, roasted onions, watercress and radishes. (1,2,11,13)

Sandwiches

Choose between three types of bread. (Light, dark or gluten-free bread)

- Hummus with zucchini, pepper, tomato, carrots and arugula.
((1),8,11,13,15)
- Whipped cream cheese with sun-dried cranberries, roasted walnuts, garnish (artichoke, cornichons, semi-dried tomatoes, green pepper and parsley), pointed cabbage, spinach and balsamic glaze. ((1),6,9,13,15)
- Spread of sirius peas and dukkah with pickled artichokes, curry onions, fennel, pointed cabbage and spinach. ((1),8,9,13,15)
- Tuna salad with herbs, pepper, red onion and arugula. ((1),2,6,11,13,15)
- Cold-smoked salmon mousse with radish, tomato and salad.
(1) 3,6,13,15)
- Chicken and bacon with tomato, carrots and salad. ((1),13,15.)
Served with curry dressing (2,6,11,13,15)
- Chicken with tomato, carrots and salad. ((1),13,15.) Served with curry dressing. (2,6,11,13,15)
- Ham and cheese with cucumber, pepper and salad. ((1),6,13,15.)
Served with mustard mayonnaise. (2,6,11,13)
- Lomo (salted and dried pork loin) with garnish (artichoke, cornichons, semi-dried tomatoes, green pepper and parsley), pointed cabbage, spinach, and mild saffron aioli. ((1),2,6,11,13,15)
- Roast beef with fried chickpeas, chili, garnish (artichoke, cornichons, semi-dried tomatoes, green pepper and parsley), pointed cabbage, spinach, and bearnaise mayonnaise.
((1),2,11,13,15)

● Vegetarian | ● Vegan | ● Lactose free | ● Gluten free | ○ Gluten-free bread

Warm portions dish

You can also choose one of our warm portions dish. Choose from our favourite, vegetarian, vegan, gluten/lactosefree and halal menu.

Market hall lunch

Cake every thursday



Portions dish



Order from day to day



Free of choice



From only 1 person



Contact us

Do you have further questions, please contact us on:

@ torvekoekken@torvekoekken.dk

☎ 70 22 82 12



All lunch packages follow the normal price. We also offer vegetarian, vegan, gluten-lactose free or halal.